



# WEST LAKES SHORE SCHOOL

## CANTEEN- WINTER MENU

### Term 2 & Term 3 2020

<b>These items are NOT to be ordered on lunch bags. Recess only</b>			
Chicken Burgers / Ham & Cheese Rolls	\$ 1.50	Yoghurt – Yoplait	\$ 2.00
Cookies / Muffins ☺	\$ 1.00	Popcorn	\$ 1.00
Garlic Bread ☺	\$ 0.60	Fruit Nuggets	\$ 0.50
		Slinky Apples	\$ 1.00
		JJ's , Jumpy's & Red Rock Deli Chips	\$ 1.20

<b>Paper Lunch Order Bags x 10</b>	<b>\$ 0.50</b>
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<b>BEVERAGES</b>	
Nippy's Juice 250ml (Apple, Orange, Apple & Blackcurrant, Tropical)	\$ 2.00
Hot Chocolate	\$ 2.50
Milk-Flavoured (strawberry or choc)	\$ 2.50
Slushies	\$ 2.50
Spring Water 600ml	\$ 1.50

<b>ICE BLOCKS</b>	
Frozen Fruit Cup	\$ 1.20
Fruit Tubes - Half	\$ 0.50
Fruit Tubes - Full	\$ 1.00
Juices / Moosies / Mini Calippo	\$ 1.20
Paddle Pops	\$ 1.50
Ice Mony – Freeze Pops	\$ 1.00

## COLD FOODS

<b>SANDWICHES / ROLLS / TURKISH ROLLS / WRAPS</b>				
	<b>SANDWICHES Wholemeal</b>	<b>ROLL White</b>	<b>TURKISH White</b>	<b>WRAPS White</b>
Vegemite (V)	\$ 2.00	\$ 2.50		
Cheese or Egg or Tomato (V)	\$ 2.20	\$ 2.50	\$ 3.30	
Chicken or Ham or Tuna	\$ 3.00	\$ 3.50	\$ 4.00	
Salad (V)	\$ 3.20	\$ 3.50	\$ 4.00	\$ 4.50
Chicken or Ham or Schnitzel Salad			\$ 6.00	\$ 6.00
<b>Salad = Carrot, Cheese, Cucumber, Lettuce, Tomato + 1 Condiment sauce</b>				

<b>Extra fillings or condiments – Price is per extra item</b>	
Carrot , Cucumber, Capsicum or Red Onion	\$ 0.20
Cheese, Egg, Lettuce or Tomato	\$ 0.50
Mustard, Mayo, Tomato Sauce, BBQ Sauce, Ranch or Sweet Chilli Sauce	\$ 0.20

<b>SALAD BOXES</b>	<b>Price</b>
Salad Box (V)	\$ 4.50
Chicken or Ham or Tuna Salad Box	\$ 6.00
Chicken Strips Salad Box (6 x Chicken strips)	\$ 6.00
Chicken Caesar Salad Box – chicken schnitzel, lettuce, croutons, bacon, parmesan cheese & caesar dressing	\$ 6.00
<b>Salad = Carrot, Cucumber, Capsicum, Lettuce, Red Onion, Tomato + 1 Condiment Sauce</b>	
Balsamic, Italian, French, Caesar or Ranch Dressing (each)	\$ 0.50

# HOT FOODS

☺ Homemade

(V) – Vegetarian

<b>HOT OR TOASTED BREAD ITEMS</b>	<b>Half</b>	<b>Full</b>
• Cheeseburger with Lettuce, Tomato & Sauce		\$ 5.00
• Chicken Schnitzel, Lettuce & Mayo Roll		\$ 5.50
• Croissant – Cheese (V)		\$ 3.50
• Croissant – Ham & Cheese		\$ 4.00
• Crumbed Fish Fillet Roll with Tartare Sauce		\$ 4.50
• Ham & Cheese Roll or Tuna & Cheese Roll	\$ 2.00	\$ 4.00
• Hot Dog	\$ 3.00	\$ 4.00
• Hot Dog with Cheese	\$ 3.50	\$ 4.50
• Meatball Sub		\$ 5.00
• Toasted Turkish – Chicken Schnitzel, Napolitano sauce and Cheese		\$ 6.00
• Toasted Turkish – Chicken, Avocado, Sundried Tomato and Cheese		\$ 6.00
• Toasted Turkish – Tomato, Baby Spinach and Cheese (V)		\$ 5.00

<b>HOT FOOD ITEMS</b>	<b>PRICE</b>
• Baked Potato with Cheese ☺ (V)	\$ 3.50
• Baked Potato with Baked Beans or Bolognaise or Chilli Con Carne ☺	\$ 5.00
<b>Baked Potato Extras: Beetroot, Cheese, Coleslaw, Pineapple, Sweetcorn, Ham</b>	<b>\$ 0.50 - each</b>
• Butter Chicken & Rice ☺	\$ 6.00
• Chicken Gyozas (Steamed Dumplings) x 5	\$ 4.00
• Chicken Strips	\$ 0.80 - each
• Chicken Strips (6) with Potato Wedges	\$ 6.00
• Chicken Strips (3) with Potato Wedges	\$ 4.00
• Corn on the Cob (V)	\$ 1.40
• Fish Nuggets	\$ 1.00 - each
• Fish Nuggets (4) and Wedges	\$ 6.00
• Fish Fillet – Crumbed	\$ 3.50
• Fried Rice	\$ 5.50
• Lasagne ☺	\$ 6.00
• Lasagne – Vegetarian (V) ☺	\$ 6.00
• Macaroni Cheese (V)	\$ 4.50
• Meat Pie (Better Bite)	\$ 4.50
• Pasty (Better Bite)	\$ 4.50
• Pasty – Vegetarian (V)	\$ 4.50
• Pizza (Single) – Ham & Pineapple or Cheese & Bacon	\$ 3.00
• Pizza (Slab) – BBQ Chicken	\$ 3.50
• Potato Pie (Better Bite)	\$ 4.50
• Quiche – Bacon, Cheese, Egg ☺	\$ 4.00
• Quiche – Cheese, Tomato, Egg ☺ (V)	\$ 4.00
• Sausage Roll – (Better Bite)	\$ 3.50
• Spaghetti Bolognaise ☺	\$ 6.00
• Spinach & Ricotta Triangle ☺ (V)	\$ 3.50
• Spring Roll - Cocktail size (V)	\$ 1.00
• Spring Roll – Gourmet Vegetable (V)	\$ 2.00